

## **Public Health** Women, Infants and Children Program

## Inland Empire **BREASTFEEDING RESOURCES**

This comprehensive document is intended to help you locate breastfeeding clinics and resources in the Inland Empire that will fit your needs. For more information on breastfeeding resources, visit wic.sbcounty.gov.

	Resource Name	City	Hours of Operation	Phone Number
		City	Hours of Operation	Phone Number
<b>3</b>	St. Mary's Medical Center- Mommy and Me Center 16051 Kasota Rd., Suite #800, Apple Valley <b>No walk-ins, call to schedule appointment.</b>	Apple Valley	Times vary, please call.	(760) 217-5971
0	Barstow Community Hospital 820 E. Mountain View St., Barstow <b>No walk-ins, call to schedule appointment.</b>	Barstow	Thurs. 8 a.m 6 p.m.	(760) 957-3323
•	The Mom and Dad's Project 41820 Garstin Dr., Big Bear Lake <b>No walk-ins, call to schedule appointment.</b>	Big Bear	Mon Thurs. 9 a.m 5 p.m.	(909) 878-2326
2	Public Health Foundation Enterprises WIC	Chino & Pomona	Mon Fri. 9 a.m 5:30 p.m.	(888) 278-6455
	Corona Regional Medical Center- Baby Connection Center	Corona	Times vary, please call.	(951) 808-6721
	Just Natural Breastfeeding Solutions  Fees vary \$	Corona	Times vary, please call.	(951) 394-2087
•	Hemet Valley Medical Center 1117 E. Devonshire Ave., Room #105, Hemet <b>No walk-ins, call to schedule appointment.</b>	Hemet	Wed. 10 a.m 12 p.m.	(951) 652-2811
	Best Fed Babies and Virtual Breastfeeding Help Fees vary \$	Inland Empire	Times vary, please call.	(951) 288-1920
2	Community Action Partnership of Kern WIC Program  Must be a WIC participant.	Kern County (Adelanto, Big Bear, Crestline, & Needles)	Mon Fri. 7:30 a.m 5 p.m.	(866) 327-3074
<b>3</b>	Loma Linda University Children's Hospital- Birth and Beyond Education Center  Fees vary \$	Loma Linda	Visit <u>www.lomalindababies.org</u> to register for a lactation clinic and view additional information.	(909) 651-6205
<b>⊕</b>	Rancho Springs Medical Center- Admin Building 25520 Medical Center Dr., Murrieta Fees vary \$	Murrieta	Times vary, please call.	(951) 440-8428



	Resource Name	City	Hours of Operation	Phone Number
	Desert Regional Medical Center- Healthy Beginnings 1180 N. Indian Canyon Dr., Palm Springs <b>No walk-ins, call to schedule appointment.</b>	Palm Springs	Times vary, please call.	(760) 4164754
<b>+</b>	Pomona Valley Hospital- Lactation Center 1798 N. Garey Ave., Pomona <b>No walk-ins, call to schedule appointment.</b>	Pomona	Mon., Thurs., & Fri. 9 a.m 12 p.m. Tues., & Wed. 12 - 3 p.m.	(909) 623-6455
	Redlands Community Hospital- Family Clinic 802 W. Colton Ave., Suite D, Redlands <b>No walk-ins, call to schedule appointment.</b>	Redlands	Mon Fri. 8 a.m 5 p.m.	(909) 793-6330
•	Ridgecrest Regional Hospital- Maternal Child Unit 1081 N. China Lake Blvd., Ridgecrest	Ridgecrest	Mon., Wed., & Fri. 8:45 a.m 12:45 p.m.	(760) 499-3032
•	Parkview Community Hospital 3865 Jackson St., Riverside Clinic is by appointment ONLY, and for patients that have given birth at the hospital.	Riverside	Times vary, please call.	(951) 688-2211 Ext. 4111
	Riverside Community Hospital- Women's Services 4445 Magnolia Ave., Riverside Fees vary \$	Riverside	Mon Fri. 8 a.m 6 p.m.	(951) 788-3463
	Riverside University Health System WIC Program No walk-ins, call to schedule appointment.	Riverside	Mon Fri. 8 a.m 5 p.m.	(951) 358-7200
2	Loving Support Breastfeeding Program	Riverside County	Available 24 hours a day, 7 days a week.	(888) 451-2499 (951) 358-7212
2	San Bernardino County WIC Program	San Bernardino County	Mon Thurs. 7:30 a.m 5 p.m. Fri. 7:30 a.m 4 p.m.	(800) 472-2321
•	Community Hospital of San Bernardino 1725 Western Ave., San Bernardino No walk-ins, call to schedule appointment.	San Bernardino	Mon Thurs. 9 a.m 2 p.m.	(909) 806-1816
0	Inland Behavioral & Health Services Inc. WIC Program  Breastfeeding clinic is available to WIC participants  ONLY.	San Bernardino	Mon Fri. 8 a.m 7 p.m. Sat. 9 a.m 5:30 p.m.	(855) 424-7942
•	SAC Health System 250 S. G St., San Bernardino	San Bernardino	Mon Fri. 9 a.m 2 p.m.	(951) 533-3606
0	St. Bernardine Medical Center- Baby & Family Center 403 E. Highland Ave., San Bernardino No walk-ins, call to schedule appointment.	San Bernardino	Times vary, please call.	(909) 881-4420
2	The Natural Birth Place Inc.  Fees vary \$	San Bernardino	Times vary, please call.	(909) 567-2165
	San Antonio Regional Hospital Healthy Beginnings 1175 E. Arrow Hwy., Upland Clinic is by appointment <u>ONLY</u> , and for patients that have given birth at the hospital.	Upland	Mon., Tues., Thurs., & Fri. 8 a.m 2 p.m.	(909) 920-6230
<b>3</b>	Birth Your Way Birth Center  No walk-ins, call to schedule appointment.	Yucaipa & Cathedral City	Tue Thurs. 9 a.m 5 p.m. (Closed from 12 -1 p.m.)	(909) 343-8766

These are suggested breastfeeding resources. For updating purposes, please contact the Regional Breastfeeding Liaison, Cecilia Maldonado at (909) 388-5676 or <a href="mailto:cecilia.maldonado@dph.sbcounty.gov">cecilia.maldonado@dph.sbcounty.gov</a>.